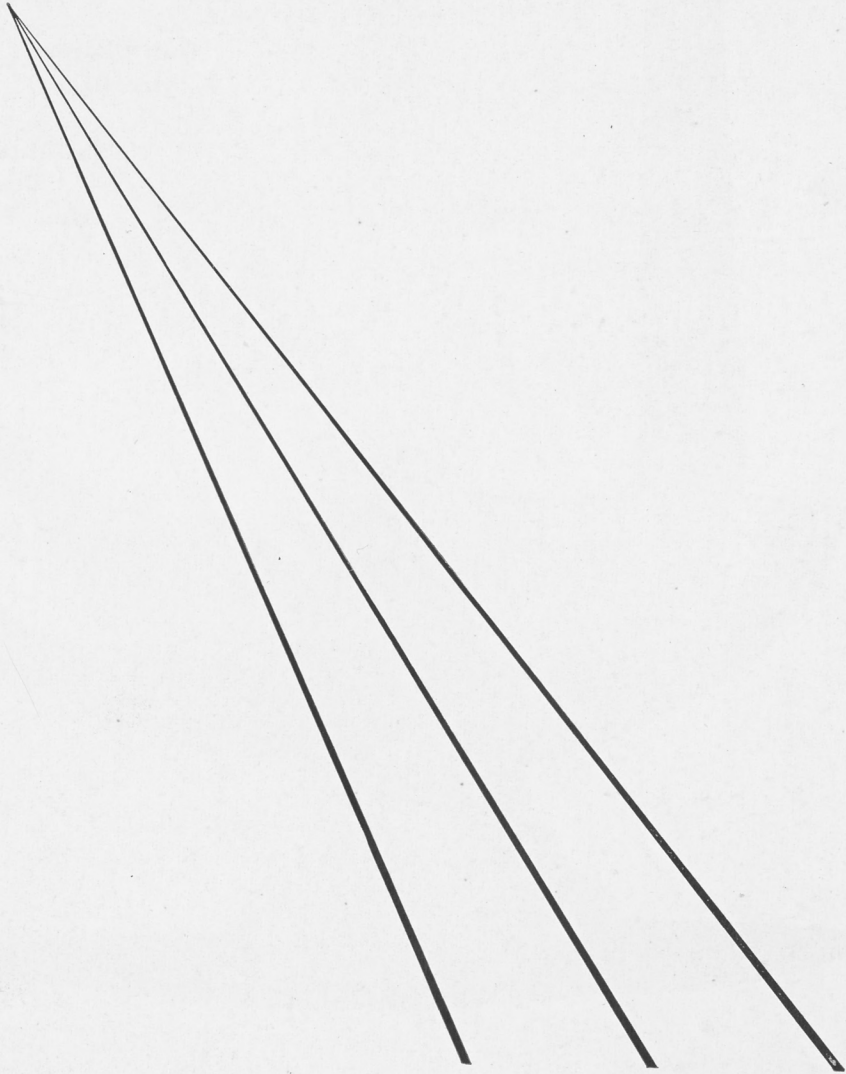




H. F. H.  
1954 - 55





H. F. H.  
1954 - 55



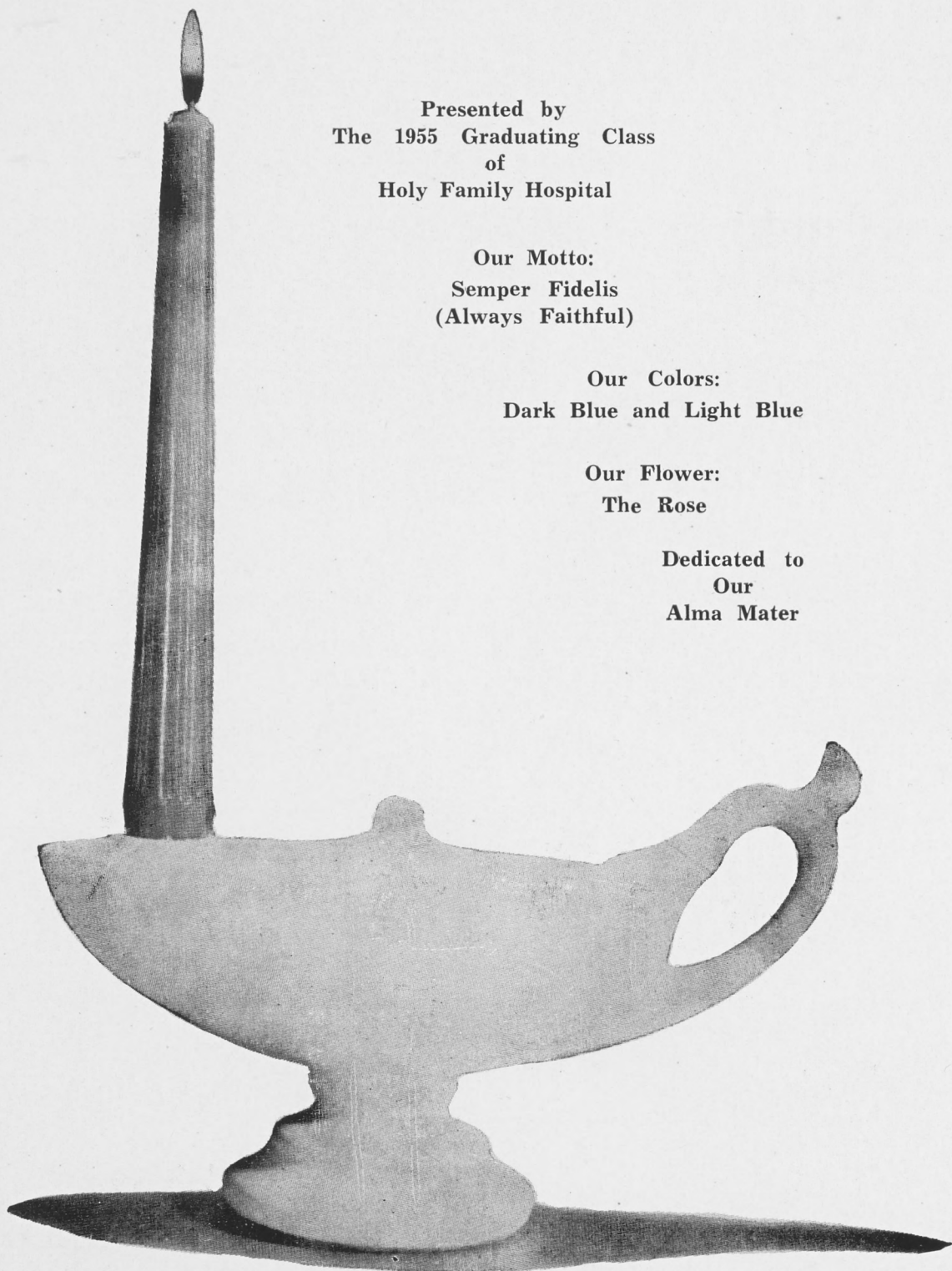
**Presented by  
The 1955 Graduating Class  
of  
Holy Family Hospital**

**Our Motto:  
Semper Fidelis  
(Always Faithful)**

**Our Colors:  
Dark Blue and Light Blue**

**Our Flower:  
The Rose**

**Dedicated to  
Our  
Alma Mater**





# The Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly:

To pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and will not take or knowingly administer any harmful drug.

I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my profession.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



back row (L. to R.) O. Lasiuk, L. Dawe, S. Grela, G. Hiltz, R. Davidner, S. Rybka, O. Cherney. front row (L. to R.) F. Buchanan, A. Knorr, V. Willdey, S. McLean, Missing from picture: J. Hrick, C. Pecarski.

## Year Book Staff

Editor - - - - -	O. Cherney
Assistant Editor - - - - -	O. Lasiuk
Social - - - - -	S. McLean
Literary Editor - - - - -	F. Buchanan
Humor - - - - -	V. Willdey & L. Dawe
Photography - - - - -	S. Rybka
Art - - - - -	J. Hrick
Alumnae - - - - -	S. Grela & A. Knorr
Sodality - - - - -	C. Pecarski
Business Manager - - - - -	R. Davidner
Secretary - - - - -	G. Hiltz

# EDITORIAL

As another year book comes off the press, so the time comes for another group of graduates to leave the walls of our school.

We hope each and every student will enjoy the contents of this book as presented to you today. However, its real value will be in the future, to recapture the joys of training days and recall the faces of old friends.

To you, the undergrads, we give greetings. We know you will uphold the standards and reputation of our school. To the graduating class we say 'Hail and Farewell.' Best of luck for your future and in all your undertakings.

— Olga Cherney



Student Council Executive: O. Cherney, L. Dawe, G. Hiltz, F. Johnson





Our hospital



Our new residence



**Most Reverend Leo Blais, D.D.  
Bishop of Prince Albert**

## Chaplain's Message

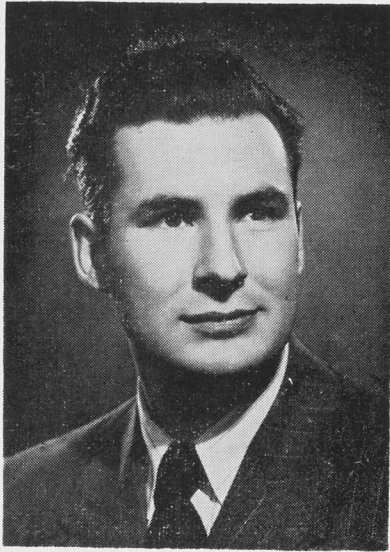
It is always a great pleasure for me to pay a daily visit at the Holy Family Hospital. Here, I am sure of your co-operation; without it my work would be very difficult.

You now go forth to make your contribution to the world, with fear and trepidations, no doubt, but with confidence as you hold the key of peace and success, which is your love for God.

Remember, the bearing of added responsibility is a wholesome antidote to the blight of weariness and boredom. I wish you every success and blessing in your future life.

*Father George Henri Dauphin,  
Chaplain.*





On behalf of myself and the other members of the medical staff, I wish to extend sincere congratulations and best wishes to the members of the Graduating Class.

May you serve proudly wherever you may be, never forgetting your traditions and ideals. May you always remember that your patient is not just an illness to be studied, but a human individual whose feelings must be respected. May you continue long in your chosen field and meet with every success.

Again, congratulations!

*Dr. H. V. TOWELL, President,  
H.F.H., Medical Staff.*

## A Message from Our Medical Adviser

It is a pleasure for me to accept this opportunity to offer my congratulations to the Graduating Class of 1955.

Now that you have attained the goal, which looked so distant at the beginning, you should all feel proud and gratified with your accomplishment. Minor disappointments and feelings of frustration, which you may have had, can now be laughed at and forgotten.

It has been a privilege to try to help you over your little ailments from time to time and I hope you will be rewarded with the best of health and happiness as you go out into the larger field of nursing and into the variety of life's channels into which your path may lead.

*Dr. C. L. Tisdale,  
Medical Adviser*





It is a pleasure to accept the kind invitation of the nurses to send a little message for the Year Book of 1955.

The noble profession to which you have dedicated yourselves is one which finds a place for every Christian virtue and, besides serving others so well, brings to the nurse herself great human consolation and wonderful spiritual reward. The striking motto of our school "Semper Fidelis" (always faithful) will ever find, I am confident, its true exemplification in the future lives of this year's graduating class of Holy Family Hospital.

Grateful for your constant kindness and wishing you every success, I remain,

*Sister M. Camillus,  
Administrator*



It seems no time since at your capping ceremony, I heard you dedicate yourselves to your profession of nursing and now, having fulfilled the training period, you are about to enter into the fullness of it.

The happiness you will derive from your nursing will depend on the attitude with which you perform it. May I remind you that the best and the hardest work in the world is done for fun, and it is the people in the professions who have the finest opportunity to work that truth out.

As a professor once said, "The University pays me for doing what I would gladly pay for the privilege of doing if I could only afford it." Yes, it is the attitude so finely expressed towards our work that, once developed, will sustain your spirit, your interest, your energy in giving voluntarily of your most and best at all times. Let this be your pledge, as you leave your school of nursing.

We wish you every success and happiness in your future life.

*Sister Germaine,  
Director of Nurses*



# Alumnae News

**Jean Cuthand** — Nursing at Fort Qu'Appelle. We have a visit from her now and then.

**Lillian Nedzelski** — Lillian left us last fall and she is working at the General Hospital, St. Catherines, Ont.

**Joyce Anderson** — Now Mrs. Neis, taking a rest from nursing, living in Prince Albert.

**Florentina Pressacco** — Florentina was on staff at the Royal Alexandra Hospital, Edmonton; is back with us now at H.F.H.

**Stella Mackewich** — Stella is assistant supervisor in the Pediatric Ward. She is still her usual mischievous self.

**Lillian Schille** — Lillian has left the province and is doing general duty at the Royal Alexandra Hospital, Edmonton. She is now Mrs. Jim Hancherow.

**Eloise Roberts** — After spending a few months at the H.F.H., she is working general duty at Fort Qu'Appelle.

**Veronica Pajer** — Veronica is working general duty at Saskatoon City Hospital.

**Solange Cyr** — We hear that Solange is now working as supervisor of the operating room at Nipawin.

**Shirley Blair** — On staff at H.F.H. Supervisor in the Diet Kitchen.

**Ida McCarter** — Ida is on staff at the Wainwright Hospital and working general duty.

**Carol Trofimluk** — Carol is working general duty at Birch Hills.

**Eve Jean Belfry** — Nursing in the hospital at Big River, Jean's home town.

**Irene Kotelko** — Irene is still with us, and doing general duty in the Pediatric Ward.

**Julia Brown** — Julia is taking a Post graduate course in Obstetrics at New Jersey. Will be with us soon.

**Margaret Lewis** — After leaving H.F.H., she joined the staff at Birch Hills.

**Helen McLeod** — Helen, having spent a short time at Yorkton, is back nursing at the H.F.H.

**Molly Blocka** — Molly started working in the operating room just recently. She is also engaged. We are wondering when the big event will be?

**Irene Porter** — now Mrs. Ashworth. Irene is living in Saskatoon.

**Gwen Fitch** — Gwen is assistant supervisor on Third floor. She is also engaged.

**Christiane Polard** — Doing general duty at Meadow Lake. We hear Chris is taking a trip to France this summer — Bon Voyage!

**Eleanor Hardy** — Eleanor is nursing at Meadow Lake. Bells will be ringing here soon!

**Josephine Strzalkowski** — We are pleased to hear of Josephine's position as matron at Rose Valley.

**Germaine Fortier** — After a short time at the H.F.H., she is working general duty at the Notre Dame Hospital, North Battleford.

**Colleen Lloyd** — Colleen is still with us and working on first floor at present.

## PHYSICIANS and SURGEONS

### Humphries Clinic:

Dr. M.I. Humphries  
Dr. G.P.S. Powles  
Dr. J.C. Day  
Dr. J.B. Wallace  
Dr. J.J. Johnston  
Dr. C. J. Zerny

### Prince Albert Clinic:

Dr. D.V. Chipperfield  
Dr. O.K. Hjertaas  
Dr. P.J. Rich  
Dr. A. Edes  
Dr. W.A. Matheson

### Associates:

Dr. C.L. Tisdale  
Dr. A.M.J. Hynes  
Dr. G.R. Dyker  
Dr. M. Surkan  
Dr. H.C.E. Maynard

### Associates:

Dr. W.R. Swaffield  
Dr. W.E. Pourbaix  
Dr. M.J. May

### Associates:

Dr. M.F. Savisky  
Dr. H V. Towell

Dr. C.M. Finlayson  
Dr. E.A. Shaw (Eye, Ear, Nose and Throat)  
Dr. C.H. Andrews (Eye, Ear, Nose and Throat)  
Dr. W.J. Cranley (Eye, Ear, Nose and Throat)  
Dr. Wm. H. Setka  
Dr. H.H. Hall  
Dr. R.G. Green  
D. A.D. McDonald (Indian Affairs)  
Dr. G.E. Stoker (Indian Affairs)  
Dr. T.J. Ho (Radiologist)

---

## DENTISTS

Dr. G.H. Janzen  
Dr. L. Connell and Dr. M. Connell  
Dr. N.T. Godfrey and Dr. J. Pourbaix  
Dr. J.M. McBrien and Dr. G. Howard  
Dr. R.E. Partridge and Dr. N.J. Dust  
Dr. E.J. Gaudet  
Dr. Robert Reid  
Dr. W.G. Yoerger  
Dr. N. Fedirko





# Valedictory



To-day, the Graduating Class of 1955, finds itself the centre of the now realized day-dream of graduation. — This annual event, with its heart warming joys and festivities has become an almost universal experience of unique significance, marking the steady flow of trained youth through the doors of our Nursing Schools, into the ranks of an honored profession.

Three years ago, we asked ourselves: "What shall I be?" "What shall I make of myself?" and so, we started on our three years' journey of study and work. Looking ahead, those years seemed an eternity, but on looking back, we realize that 'twas only a moment; a moment of strength; of study; of love; of youth; a time to clarify ideals and a time to remember.

The true spirit of our high calling grows out of the Christian belief that Christ lives in a mystic manner in every patient whom we serve. The realization of that stupendous fact should make us unfailingly kind and sympathetic. From it will flow a genuine interest in every patient, a cheerful patience and tenderness which perhaps is more important than nursing skill in restoring the sick to health and strength.

Spontaneously, there rises from our hearts to-night, deep springs of gratitude and heartfelt appreciation, towards all who have in anyway contributed to the attainment of our goal.

To our parents we are indebted for the opportunity of training and for the previous education given us that made our acceptance into a School of Nursing possible. We owe them thanks for all the love and kindness shown us during our long three years away from home, for the material benefits they so unselfishly gave, and for the encouragement that helped us to

persevere. Dear Mothers and Fathers of all the graduates we offer humble thanks, and we assure you here to-night, that your generosity, faith and love have not been lavished in vain.

Dear Sisters, words are inadequate to express to you our deep feelings of love, gratitude and respect. We are unable to thank you now for your untiring efforts in our behalf, but we shall endeavor so to serve our sick, as we know you would wish us to serve and thus express to you the gratitude we cannot put into words.

To the doctors, and to all the teaching staff of Holy Family, who have given so generously of their time, their knowledge, and who have so devotedly cared for us during illness, we say sincerely — Thank you — and God bless you for it all.

Our hearts turn towards all our friends, who have been an inspiration and guide to us — Our Bishop, Members of the Clergy, Our Mayor, The Staff Nurses, The Members of the Student Body. To you, may we express our grateful thanks and appreciation on this occasion.

We cannot leave the student nurses of Holy Family without a special word as we pass from their ranks to assume the role of graduate. Dear students, if there is one word, that you should know, and put into constant practice, it is the word loyalty, which means faithfulness to lawful government. A true nurse is loyal to her God, to her country, to her school, to her work, and to her friends. Our motto, "Semper Fidelis" implies just such loyalty. To you, we entrust the maintaining of the right "Esprit de Corps" in Holy Family, who asks you to be ever faithful. Study earnestly and perseveringly and use every hour of every day as a stepping stone to your ideal.

Dear Graduates of 1955, it has been an honor and a privilege for me to speak these words of appreciation on your behalf, on the occasion of our Graduation and to say for you that which this Valedictory implies — Farewell to our dear School of Nursing. True there is a deep sense of regret with the inevitable severance of many intimate ties of custom and friendship — But the more sacred bonds between us and all we have cherished most during these three years we can still and best sustain by upholding the beauty of the vocation of which this very Graduation is a symbol. We are prepared. We have been trained for the path that lies ahead. Where we go, depends on us, but with God on our side, we cannot but live for the right.

*Hold high the torch!  
You did not light its glow —  
'Twas given you by other hands, you know.  
I think it started down its pathway bright,  
The day the Maker said, "Let there be light."  
And He, Who died for us on Calvary's tree, said,  
"You are the light of the World —  
Go — Shine for Me."*

Marjorie Volk

# Last Will and Testament

## Class '55

We the graduates of '55, bequeath to the undergraduates our love and respect for our school and our hospital and our knowledge of good nursing procedures. To the sisters and instructors who have guided us while we were under their care, goes our sincere gratitude.

To any poor millionaire goes the bill for our funeral, as we are as poor now as we were while in training. Our personal treasures go to the following:

I, *Marie Aamodt*, bequeath to *Veronica Szirak*, a new expression, "Well, you are just kidding." To *Agnes Swenson* goes this philosophy to use as she wishes, "Isn't it awful." My skis, which I didn't get, go to *Wilna Jameson* as she will use them well.

To *Phyllis Zelowsky*, I *Annie Knorr*, bequeath my ability to relax. I give my long letters to *Lois Dawe* so she won't ask, "was there a letter for me?" To *Pat Leier* goes the "Rock of Gibraltar" for a Guy called "Joe".

I, *Rose Giesinger*, bequeath my quiet and polite manner to *Joanne Cote*. To *Kathleen Roberts* goes my recipe for custard which includes 10 eggs, 10 cups of milk, 10 cups of sugar.

To *Josephine Hrick*, I, *Verna Willdey*, leave my ability to say the wrong thing at the right time. My voice goes to *Fern Buchanan* — combined with her own she'll probably sing in opera. My red hair goes to anyone who so desires. May she wear it evenly.

To *Gayle Palmer*, I, *Olga Lasiuk*, leave my good fortune to be working in the case room on Labor Day.

I, *Rhoda Davidner*, bequeath to *Rose Sakowich* the friendly "undertaker". May she overtake the right buddy. I hope the *Melfort Pharmacist* calms your shakes as he did mine.

I, *Olga Cherney*, leave my short trips on a rough road to *North Battleford* to *Shirley Rybka*. May she have a "Magnificent Obsession."

I, *Marj Volk*, leave to *Noreen Golling* my appetite for "Mulligan Stew". May she digest it well.

I, *Gwen Hiltz*, bequeath to *Fern White*, my serenity during an emergency. My ability to collect round objects goes to *Johanna Goehr*, I know she will do it well.

To *Terry Lalonde*, I, *Shirley McLean*, bequeath my majestic height. My deep voice goes to *Mary Harris*.

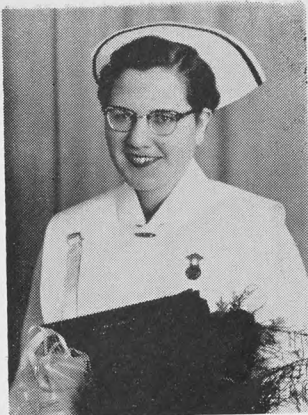
---

*I've seen some big windstorms in my time but the strangest was the one that hit one day when my father and I were in our mill on the creek grinding corn. The wind roared down on us with such terrific force it turned the flow of the creek right around. The creek began running up hill, spinning the water-wheel backwards and before we could do anything about it, eighteen bushels of corn were blown right back on the cob.*





# Graduates



**Hedwig Marie Aamodt — Prince, Sask.**

And on that cheek and o'er that brow,  
So soft, so calm, yet eloquent,  
The smiles that win, the tints that glow,  
But tell of days in goodness spent.

*Lord Byron*



**Rose Theresa Giesinger — Regina, Sask.**

I hold he is best learned and most wise,  
who best and most can love and sympathize.

*Ella Wilcox*



**Marjorie Elizabeth Volk — Denzil, Sask.**

A gentle maid, whose heart is lowly bred  
Whose pleasures are in wild fields gathered,  
With joyousness and with a thoughtful cheer.

*Wordsworth*



**Annie Katherine Knorr — Kerrobert, Sask.**

One makes one's own happiness only by  
taking care of the happiness of others.



**Shirley Anne McLean — Parkside, Sask.**

She holds her little thoughts in sight,  
Though gay they run and leap.

*Alice Meynell*

**Olga Cherney — North Battleford, Sask.**

Just being happy is a fine thing to do;  
Looking on the bright side rather than the blue.



**Olga Lasiuk — Blaine Lake, Sask.**

“Good health and good sense are two of life’s greatest blessings”  
*Syrus*



**Rhoda June Davidner — Prince Albert, Sask.**

The remembrance of past labors is agreeable,  
but the future holds even greater hopes. *Little Dorrit*



**Gwendolyn Patricia Hiltz — Spruce Home, Sask.**

To the young this is a world for  
action not for moping and droning.

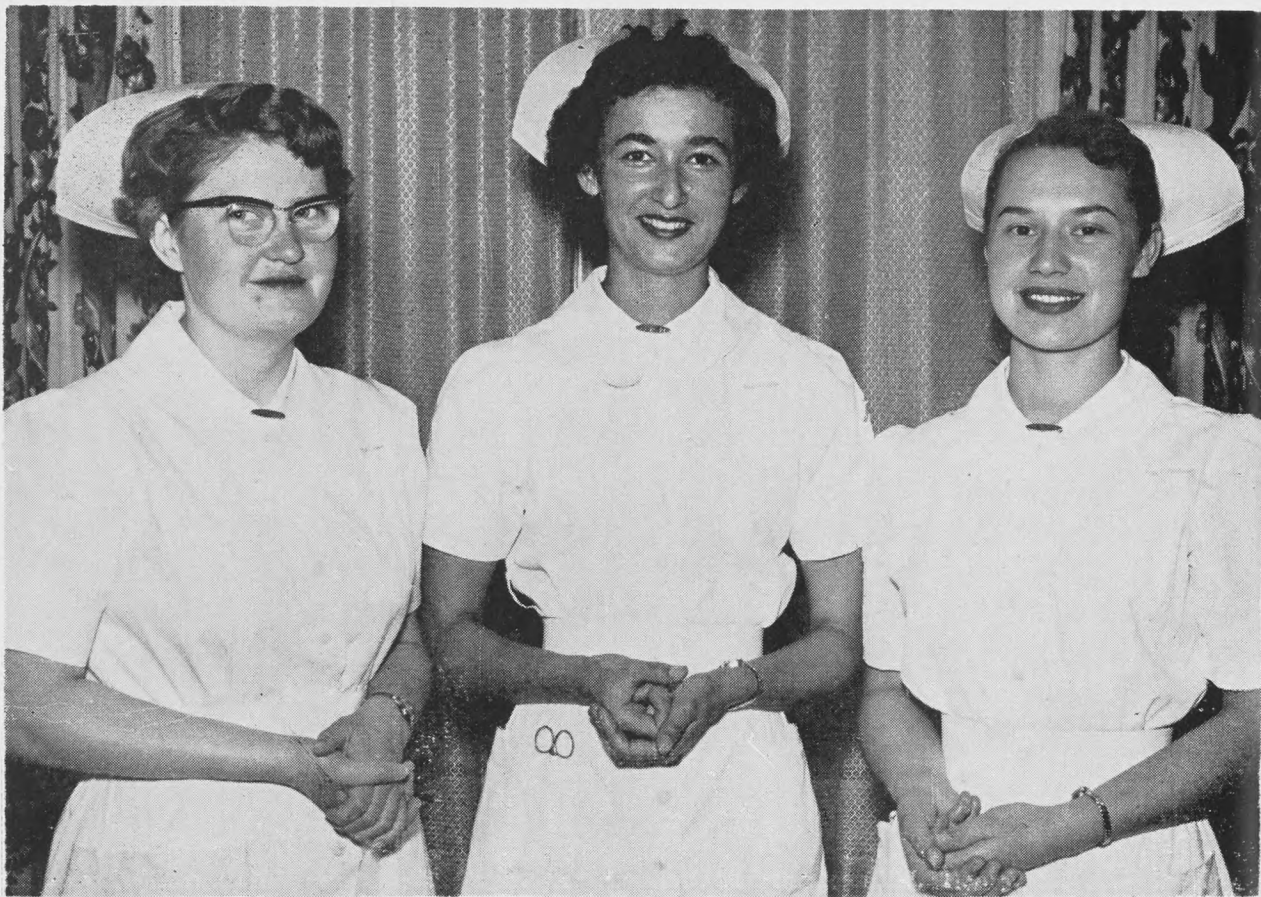


**Verna Joyce Willdey — Prince Albert, Sask.**

Her voice was like the voice the  
stars had when they sang together.







Left to right: Lois Dawe, Stella Grela, Christine Pecarski

## *January Class '56*

**Christine Pecarski** — "Waiting for the C.N. to come in." If anything the Buick is a ready welcome.

**Lois Dawe** — Since revival of "Indian Love Call" Lois is really enjoying life.

**Stella Grela** — "Always ready with an answer" Love that 12th Street Rag.

---

*Of all the things you wear, your expression is the most important. The next time you catch a glimpse of yourself in a store window or a counter mirror, skip the glance at your hat angle and check up on the expression just below. Then decide if it isn't worth a little time and effort to exchange that look of grim determination for something a little more appealing.*



Back row (L. to R.): G. Palmer, F. White, J. Goehr, V. Szirak, N. Golling, F. Johnson, P. Zelowsky, K. Roberts, P. Turner, P. Leier. Front row. M. Harris, F. Buchanan, S. Rybka, J. Cote, R. Sakowich, W. Jameson. Missing from picture: J. Hrick, A. Swenson, T. Lalonde, E. Hicks.

## *September Class of '56*

Noreen Golling — tall and quiet but always on the go.

Fern White — never at a loss for words.

Phyllis Zelowsky — every class has one — she's ours — the joker!

Therese Lalonde — nice things come in small packages.

Florence Johnson — tall, blond and always smiling.

Pat Leier — the singer in our midst.

Patsy Turner — appears the quiet type, but don't let that fool you.

Rose Sakowich — 'Saky' always busy as a bee.

Mary Harris — with that quiet charm.

Kathleen Roberts — always visiting someone???

Joanne Cote — seems to like Ronson Lighters!

**Josephine Hrick** — never do to-day what you can put off till to-morrow.

**Gayle Palmer** — cheerful, talkative and always friendly.

**Johanna Goehr** — what would we do without our hair stylist!

**Agnes Swenson** — neat and smiling, qualities of a nurse.

**Veronica Szirak** — quiet, modest, liked by all.

**Wilna Jameson** — a bundle of energy — never tired.

**Shirley Rybka** — pert, alert and ever ready.

**Edna Hicks** — silent, never worried, always willing.

**Fern Buchanan** — does she not tire of "A" pluses? ?







Left to Right: Genevieve Roussel, Emily Zdrill, Lorna Stroklund.

## *January Class of '57*

**Emily Zdrill** — For her, revenge is sweet; but forgiveness is sweeter.

**Genevieve Roussel** — Always out of the frying pan into the fire.

**Lorna Stroklund** — A little nonsense now and then is relished by the wisest men.

---

### NURSING NUNS

*With gentle looks and hearts made calm by sorrow,  
I see them moving on their earthly way,  
They wait, in patience what may come tomorrow,  
Faithful to all duties of today.*

*They watch, around the bedside of the dying,  
And soothe the sufferers with their quiet cares;  
They seek the homes where newborn grief is crying,  
And mingle service with their silent prayers.*



Back row (L. to R.): A. Mrazek, H. Klein, E. Strasser, R. Leinweber, I. Robinson, L. Kowalczyk, O. Doskoch, D. Frenette, M. Maguire, H. Charko.  
 Middle row: S. Simons, E. Sklarchuk, W. Church, G. Cousins, P. Matheson, M. Henry, H. Beleyowski, M. Price, O. Belanger.  
 Front row: A. Stahr, V. McDougall, L. Lepine, J. Furniss, D. Feser, S. Currie, H. Kawula, H. Wog.

## *September Class of '57*

**Peggy Matheson** — Slowly I'm falling. Favorite saying — Do I look like the type?

**Elsie Sklarchuk** — Just sittin' and a knittin'. Favorite saying — You look like the type that would do anything.

**Joan Furniss** — You belong to me. Favorite saying — If at first you don't succeed.

**Shirley Currie** — Me and my teddy bear. Favorite saying — Dad better give me the car.

**Dolores Feser** — Drink, Drink, Drink. Favorite saying — I nearly died.

**Ann Stahr** — If you were the only boy in the world. Favorite saying — But Miss . . . . .

**Helen Charko** — Some enchanted evening. Favorite saying — The thing is . . . . .

**Rose Leinweber** — Once in a lifetime. Favorite saying — Since the year one.

**Hedwig Klein** — If I ever needed you. Favorite saying — You guys, it's so silly!

- Lorraine Kowalczyk** — My old fliver. Favorite saying — Oh! really!
- Eileen Strasser** — I'm out to get my man. Favorite saying — I never believed it.
- Helen Beleyowski** — There's a long, long trail a-winding. Favorite saying — It won't be long.
- Maureen Maguire** — After you've gone. Favorite saying — Let me be your big sister.
- Winnifred Church** — You'll get used to it. Favorite saying — Oh, no, don't.
- Margaret Price** — Let's have a party. Favorite saying — It wasn't me.
- Sophie Doskoch** — Hernando's Hide-away. Favorite saying — I couldn't help it, I had to blush.
- Shirley Simons** — Old piano roll blues. Favorite saying — Oh! that's too bad.
- Denise Frenette** — You'll get used to it. Favorite saying — If I could only sleep.
- Helen Kawula** — Bye,bye, blackbird. Favorite saying — Needles and more needles.
- Olivette Belanger** — Olivette! Olivette! Favorite saying — I'll beat you yet.
- Isabelle Robinson** — How are you going to keep her down on the farm? Favorite saying — For Pete's sake.
- Annette Mrazek** — This is the life for me. Favorite saying — See for yourself.
- Marilyn Henry** — After you've gone. Favorite saying — Baby doll.
- Goldie Cousins** — Sincerely. Favorite saying — I wish I'd get a letter.
- Lucille Lepine** — I've been working on the railroad. Favorite saying — I don't believe it.
- Valida McDougall** — Just one more chance. Favorite saying — You make too much noise.
- Helen Wog** — All of me, why not take all of me? Favorite saying — I'm mad!

---

#### FLATTERY

*That's being told by someone else  
In accents loud and strong  
The pleasant things about yourself  
That you've known all along.*





Back row (L. to R.): Mary Tunstead, Jean Middleton, Beth Thompson, Helen Gabriel, Albena Lozinsky.  
Front row: Elaine Kraus, Donna Humbke, Cecile Turgeon, Lillian Volk,

## *January Class of '58*

**Elizabeth Thompson** — Has plenty of wit to cheer the class on a dull morn.

**Helen Gabriel** — eat and be merry; diet tomorrow.

**Lillian Volk** — All good things come in small packages.

**Elaine Kraus** — Is never around when wanted on the phone.

**Jean Middleton** — the quiet type, until you know her.

**Cecile Turgeon** — eating prunes is her pastime.

**Albena Lozinsky** — "speedy" from morn' till night.

**Donna Humbke**, The pleasant girl with a smile that wins true friends.

**Mary Tunstead** — dark, not too tall, but plenty of efficiency.



**SUPERVISORS:**

Back row (L. to R.): Miss S. Blair, Mrs. M. McElhaney, Miss S. Mackewich.

Front row: Miss G. Fitch, Miss G. Noonan, Miss E. Nicol, Mrs. S. Green.

Missing from picture: Mrs. F. Twyver, Sister Carita, Sister Aloysius, Sister Mary Philip.

**HOSPITAL ADMITTING OFFICE:**

Left to right: Miss Sinclair, Sister Benedict, Miss Bujold, Sister Elizabeth, Sister Mary Lawrence.





**PHARMACY:**

Sister Felicitas

**RECORD OFFICE AND STAFF**

Sister Anne Veronica, Mrs. Halliday, Sister Julianne







Sister M. Rosarie



Mrs. J. Greening

## .. Our Instructresses ..



Mrs. F. Church



Mrs. F. Glass

# Graduation Day

Graduation! That day that all student nurses work so diligently and hopefully towards, has come and gone and only fondly cherished memories remain. After 3 years, Graduation is the fulfillment of a dream come true. The years of professional training have passed, the practical knowledge and Christian ethics acquired must be guiding principles in the discharge of our duties. We realize now that we are faced with responsibilities and only hope we can meet them successfully.

The long awaited Graduation day and activities are now wonderful memories and shall be forever. Tuesday ushered in the very busy and joyful week of events; on that evening we were the guests of our little sisters at a banquet at the H.F.H. the theme being "The Golden Jubilee." We were served by very appropriately dressed waitresses, and all on the menu was in accordance with the theme from "1905 cocktail to 1955 dessert." Toasts to the Sisters and the school were responded to by Sister Germaine and Sister Rosarie. Miss Volk responded to the toast of the Graduates. A short program followed. Miss Pecarski was very impressive as Master of Ceremonies. An attractive item was Miss Leier and Miss Simons in a short musical skit. Miss Szirak's vocal selections were thoroughly enjoyed by all. Miss Buchanan read the Last Will and Testament and Miss Jameson read the Prophecy.

Our dance was held on Wednesday evening at the Arcade. The graduates and their escorts attended a banquet at the P. O Cafe at 5:30 p.m., then at 8:30 everyone met at the Residence to receive corsages from Sister Germaine and Sister Rosarie. At the Arcade, our patrons and patronesses were Dr. and Mrs. Towell; our Master of Ceremonies, Dr. Rich. This night will be remembered always as a great event in our life.

Sunday dawned with the sun beaming down; this added the final touch to this wonderful occasion. We were so afraid of snow or rain, since this spring has been so unseasonal. We all attended Mass in our chapel. Rev. Father Gaudet spoke to us about our goal and nursing. After Mass, Sister Germaine and Sister Rosarie ushered us to our places for graduation breakfast. Sister Camillus presented each with a long awaited for graduation pin.

In the afternoon, the members of the Holy Family Alumnae served tea to the graduates and their parents. A beautiful three tier cake, a gift from Miss Slattery our school secretary, centered the graduates' table.

The few hours remaining from the tea to the exercises flew and sooner than we realized we were marching down the aisle in the Strand Theatre to receive our diplomas. Dr. H. V. Towell, chairman, opened the exercises with well chosen words. Mayor D. Stewart welcomed the parents and friends of the graduates. Reverend Malloy of Milestone, in his address to the graduates, suggested that we were so like Judith in the Bible, and that time should not change us. Bishop L. Blais presented the diplomas and awards, the highlight of the evening.

Awards were as follows:

Theory — Gwendolyn Hiltz, General Proficiency — Marjorie Volk, Ethics — Rose Giesinger, Bedside Nursing — Olga Lasiuk, Canadian Nurse Award — Annie Knorr

# Wit and Humor

## DEFINITIONS:

1. Minor operation — one performed on somebody else.
2. Horse sense — just stable thinking.
3. Committee — Group of men who keep minutes and waste hours.
4. Student — What is the name of those tablets the ancient Gauls used to write on?  
Helpful Room-Mate — Gaul Stones!
4. Some Doctors believe in shock treatment — mailed out the first of every month.
5. There was a certain rather conceited nurse at the hospital who always deducted ten beats from a patient's pulse to allow for personality.

\* \* \*

## SAVING GRACE

A set of twins was born to the McGettum family. Little Grace a six-year-old was delighted.

"Don't forget to tell your teacher about the new babies," her father said as the little girl was leaving for school, and he added, "She just might let you have a day off."

Father was not surprised when he saw his little girl return an hour later.

"You were right, Daddy!" she exclaimed, "teacher said I could stay home from school all day!"

"Fine!" her father answered, "and just what did teacher say when you told her that your Mommy had twins?"

"Oh," answered Grace, "who said anything to her about twins! I'm saving one of the babies for a day off next week!"

\* \* \*

A nurse noticed a mental patient with his ear close to the wall listening intently. Holding up a warning finger to be quiet, he beckoned the nurse closer and said, "Listen here." The nurse listened for some time and then said, "I can't hear anything."

"No," said the patient, "and it's like that all day."

\* \* \*

Him — "Do your eyes bother you?"

Her — "No. Why?"

Him — Well they bother me."

As he paid his bill the departing guest turned and yelled to the bellboy, "Quick, boy, run up to room 454 and see if I left my pyjamas and razor. Hurry up because I've got just six minutes to catch my train."

Four minutes later the bell boy was back, all out of breath. "Yes, sir," he reported, "they're up there."

\* \* \*

"Hey, Joe, haven't seen you in ten years, watcha been doin'?"

Joe — "Ten Years!"

\* \* \*

**Believe it or Not** — A few years ago a boy named Crazy Kelly talked me into a trip to Alaska. We set about buying provisions for the hard journey ahead. Then, like the Arabs, we silently stole away in the night. Such a departure was necessary since we had not paid for the provisions yet.

We took a direct route, by the Burma Road, and were very thankful that our dogs had webbed feet when we found it necessary to cross the South Pacific to say nothing of the rest of the Pacific. We reached Nome with only one mishap. Having made our way well into the Arctic Circle we stopped two weeks waiting for a red light to change before we realized it was the sun.

Kelly and I took up residence in an abode about the size of a piano box. To make a long story about the same length our "get rich quick" plan, as well as the gold just didn't pan out. However, the crowning glory was the first cold night spent in our hut. The night was so cold the moon turned purple and the stars crowded together for comfort. The snow was so deep, fourteen horses broke their legs falling down chimneys that night. The wind coming in through the keyhole jerked the legs off of six chairs and blew off Kelly's shoes. By nine o'clock the goldfish had crawled out of its bowl and squirmed under the rug. One hour later it was shivering while laying in the oven. We finally decided the only way to keep from freezing to death would be to crawl into bed. After chasing the bed around the room twice we crawled in, taking the stove under the covers with us, and nailed the covers to the floor on both sides. I got up several times during the night to put coal in the stove, but once I made a slight mistake. I always told Kelly he shouldn't sleep with his mouth open! Next day we hitched up our dog team, pointed them south and yelled, "MUSH!"



An old Texan, attending an angler's banquet in California, was slightly irked as speaker after speaker told tall tales of West Coast fish. Finally the visitor from the Lone Star State was asked for a few remarks. "Well, we don't have any fish in Texas worth bragging about," he began humbly; then, holding his hands about inches apart, "I never saw any bigger than that."

He stopped briefly, surveyed the gathering blandly, and concluded, "Of course you have to remember that we always measure our fish between the eyes."

\* \* \*

An old New Hampshire storekeeper was breathing his last, and a sorrowful family surrounded his bed of pain. "Is Ma here?" he asked wearily. "Yes, Zeke," she replied. "And my oldest son?" "Yes." "And the other five boys?" "Yes." "And the four girls?" "Yes, Zeke." The failing patriarch struggled to a sitting position. "What's the big idea?" he shouted. "Who's tending the store?"

\* \* \*

I hear someone say that the greatest drawback to a budding love affair is the blooming expense.

\* \* \*

#### IF DOCTORS ADVERTISED



Let's try not to make any mistakes — this is being televised.

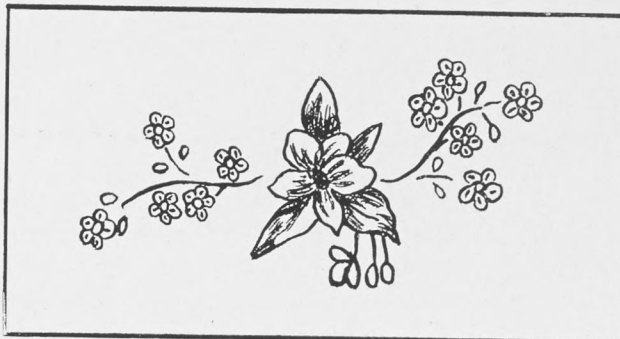
# S O C I A L

## CORN ROAST



Corn! Corn! Corn! what a treat to be able to go out to the farm for an autumn corn roast. We were so filled afterwards that one wondered if we would ever make it back to the residence. On arrival at the farm, we scattered for firewood, which was soon a roaring success. To work up a "Better" appetite there was a short ball game, and a gay dancing session. Soon we were eating the golden corn; hot dogs were added, cookies and coffee, also creamy marshmallows were being toasted. We lazily relaxed while listening to a few records and ended our wonderful day in a group sing-song.

## S. R. N. A. DANCE



Held at Herbie's was well represented by the H.F.H. nurses, more so maybe because of the special late leave issued by Sister Germaine. An enjoyable evening was had by all according to the chatter that could be heard the next day. Souvenirs of the dance, black cats, witches, pumpkins and bits of streamers, were floating around the residence.

## HALLOWE'EN



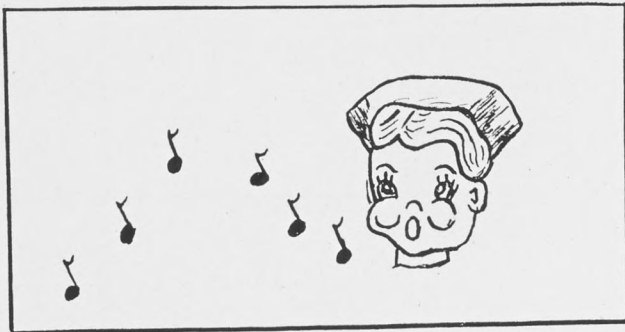
Witches, hobos, gypsies, ghosts and one Rabbit were the strange specimens to be seen around the residence that Oct. evening. We enjoyed ourselves by dancing and playing contest games. Later Sister Germaine and Sister Rosarie came to our recreation room to identify us (which was quite a problem). Prizes were given to the best costumes. The evening was concluded with a delicious lunch and refreshments.

## SLEIGH RIDE AND SOCIAL



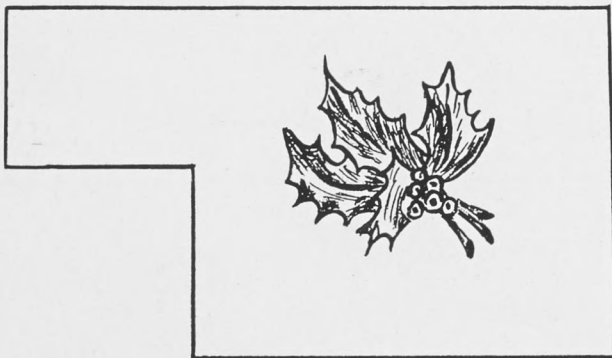
Dark and light blue streamers were artistically strung about our little rec. room, making it a gay little place. Everyone ready? Away into the country in our two horse open sleigh. All bundled up against the cool weather, jostling, pushing and yelling were some of the things that went on during the ride. Then homeward bound, actions were quieter, and talk of food. We were greeted at our res. with a much appreciated bean supper. Dancing and singing terminated our most enjoyable evening.

## CHRISTMAS CAROLING



Dressed in full white uniform, the H.F.H. nurses drove out to the Sanatorium to aid in bringing the Christmas spirit to the patients. All down the halls we came, faces all strange, joining in if able and those that couldn't just smiled. Great delight was brought to the children. After our sharing of the Yule Tide Carols, we were served tea and cookies which was thoroughly enjoyed. The eve of Christmas, carols were again sung to the patients in our hospital. The spirit of Christmas was brought to all.

## CHRISTMAS PARTY



All dressed up in our frilly frocks, we made our way up to the reception room to await the arrival of Santa Claus. Brightly colored presents were tucked under the gaily decorated Christmas tree. Records were played and carols sung and then a HUSH! The jingle of bells at the front door. Presents were quickly distributed and everyone was displaying their gifts. Santa departed with a Christmas wish. The excitement soon died after lunch. We breathed a big sigh before we turned in for bed. Good night all.

## INITIATION

OUCH !!

Started at 1 o'clock, were made to dress in jeans, paper blouses, bows on toes, hair in rags, half of our faces in make up and what have you. Silence was to be kept, we could only laugh in corners. As we sat around the rec. room on the floor the seniors patrolled the house with their eyes alert for anything they could charge us with in court. Court was held at 6:30 and the jury found each and everyone of us guilty, punishing us accordingly. The program consisted of a song "Our Lady of Fatima", a skit — Caesarean section, another song "Let the Rest of the World Go By" and a class song which topped the program. Lunch was provided by the seniors. Singing and dancing took place afterwards. A special 12 o'clock leave was granted. Although our seniors were nasty that day we still love them today.

## CAPPING



Realization of 6 months past came with the Capping of 9 students of the January Class of '58. Mrs. J. Mellis, as Chairman, welcomed the parents and friends to the exercises. Sister Germaine spoke to the students and she pinned on their caps, while Mrs. F. Church, Clinical Instructress, gave them their pins and scissors. Mrs. A. Greening explained the meaning of the "Lamps" and led the students in the Florence Nightingale Pledge.

Miss P. Leier and Miss S. Simons sang Jubilee songs. Miss V. Szirak sang "God Made a Nurse". A skit was acted by Miss P. Matheson and Miss H. Wog, "This Ole House". Father Drouin, O.P., addressed the young students and Father Dauphin gave Benediction. Tea was served at the nurses' residence.



# S o d a l i t y

At their entrance into the Sodality Catholics accept an invitation to develop an ardent devotion and love for the Mother of God. Their motto is "Ad Jesum per Mariam." Sodalists must be apostles of Jesus and Mary. They must exercise the spiritual and corporal works of mercy to teach others by example to imitate Christ. The outstanding Catholic has a program of life. She consecrates her day to God. She fortifies herself with prayer. She learns more about Jesus and Mary in prayerful thought and thoughtful prayer.

I sincerely hope that the Queen of Apostles will pour a spirit of sincere collaboration into the hearts of our fellow sodalists.

Sodalists seek not their own interests but only those of Jesus Christ. Such is my wish — May Mary design to protect this spirit and make it bear fruit in all our Sodality-minded Catholics!



## "A Nurse's Prayer"

*When all my guests are put to bed  
And down the hall I quietly tread,  
I pray to God that each may keep  
A restful, healthful, healing sleep,  
Where pain and worry and fear are gone,  
And a tomorrow of health for them shall dawn.  
God grant that they my guests,  
Will have your blessing while at rest.  
When we lay down our caps and cross the bar,  
O Lord, will you give us just one little star  
To wear in our crown with a uniform new,  
In that City above where the Head Nurse is you.*



1. Did you say something? 2. Going steady? 3. Thinking of Jimmy. 4. The approach to all bells. 5. Sleigh bells ring. 6. And to the cook — 7. Hmm, Xmas should be every year. 8. Hey, where's 'Skinny'? 9. The choristers. 10. Our coffee break. 11. Them were the good old days. 12. Poor Peggy. 13. More news for the cradle club. 14. Here comes Santa Claus. 15. Our ballroom. 16. Is Kilroy here? 17. Must be nice to be a patient. 18. Drinks on the house.





19. Initiation. 20. Looking over the Xmas haul. 21. At Hadleys. 22. But the Bluebells of Scot — 23. After four cases — 24. Waiting for the "Jubilee" Grads. 25. Can't decipher my own writing. 26. Waiting for Santa. 27. In the good old summertime — 28. The way to study. 29. Training was never like this. 30. Asking God's guidance. 31. C.L.P. in '53. 32. More new clothes. 33. Nurses' favorite pastime. 34. Remember this. 35. Sportin' new outfits. 36. It's a great day. 37. Three o'clock in the morning.



## ADVERTISERS

MAY WE TAKE THIS OPPORTUNITY  
TO EXPRESS OUR MOST SINCERE  
THANKS TO ADVERTISERS AND TO  
THOSE WHO CONTRIBUTED SO GEN-  
EROUSLY OF TIME AND MONEY TO  
THE REALIZATION OF THIS OUR  
YEAR BOOK.

— The Year Book Staff



Compliments

and

Best Wishes

to

our


Dear Graduates

of

1955



Sisters of Charity  
Holy Family Hospital



Congratulations  
to the  
1955 Graduating Class  
of  
Holy Family Hospital

**O. A. Voldeng**

Year Book's  
Official  
Photographer  
Prince Albert, Sask.







No. 1360  
Cotton-Sharkskin-Poplin

You may have a catalogue  
on request

IF  
YOU WEAR  
OUR UNIFORMS  
YOU ARE AMONG THE  
BEST DRESSED NURSES  
IN CANADA  
BECAUSE  
BLAND'S  
TAILORED UNIFORMS  
ARE INVARIABLY WORN  
BY THE VERY BEST  
NURSES

MADE AND SOLD ONLY BY

**Bland and Company**

Montreal, Canada



For more than half a century,  
Canadian physicians have confidently pre-  
scribed "*Frosst*" medical specialties . . .  
secure in the knowledge that these prepa-  
rations have established their worth in  
exhaustive experimental and clinical trials.

*Charles E. Frosst & Co.*  
MONTREAL CANADA

**Congratulations to Graduates**

**Class of '55**

from

**Aaron's**

**Ladies' Apparel**

Featuring for Nurses

Uniforms

Reg'd. Clinic Shoes

White Hosiery

and, of course,

RENFREW FUR COAT!

---

**Prince Albert Co-Op Ass'n. Ltd.**

**Owned by Consumers**



**SUPPORT YOUR OWN BUSINESS**



**Phone 6041 — 1401 Central Ave.**

**Prince Albert, Sask.**

---

Congratulations and Best Wishes

to

The 1955 Graduating Class

**TONY'S CONFECTIONERY**

**Phone 4488 24 - 13th Street W.**

Compliments of

**THE MARIAN PRESS**

**Publishers and Printers**

**Box 249, Battleford Sask.**



## **"PURITY"**

Milk, Cream, Butter, Ice Cream

### **PURITY DAIRY CO.**

Phone 2133 or 4522

Prince Albert

164 - 16th St. W.

---

## **CITY CARTAGE**

Phone 4255

Also Allied Van Lines

Serving All Canada

---

## **Get it at Duncan's or MEDICAL PHARMACY**

Prince Albert's Leading Drug Store

We Carry a Most Complete and Up-to-Date Stock of High Grade  
Pharmaceuticals, Drugs, Toiletries, Confectionery and Stationery

E. Pickering

J. L. Tarves

---

COMPLIMENTS OF

## **SHERWIN WILLIAM'S PAINT**

**WALLPAPER STORE**

804 Central

Prince Albert

---

At Graduation  
a  
Birks Challenger Watch  
Is Always Acceptable  
Guaranteed from Coast to Coast

**BIRKS JEWELLERS**

Portage Ave. at Smith St.  
Winnipeg, Manitoba

**BURNS-HANLEY COMPANY**

Catholic Books — Religious Articles  
Church Supplies

Nurses' Prayerbooks and Manuals

Saskatoon Store  
120 - Third Avenue North  
Miss. G. E. Grezaud

Stores also in  
Regina and Calgary

**St. Thomas More College**

The Catholic College in the  
University of Saskatchewan  
Co-Educational

Under the Direction of the  
Basilian Fathers

All Courses in Arts and Science  
Bachelor of Arts

Address  
The Principal

**St. Thomas More College**  
Saskatoon, Sask.

Compliments  
of

**Barnet Zurif and Company**

•  
Wholesale

Dry Goods, Furnishings, Footwear, etc.

•  
1437 Rose St. Regina, Sask.

Best Wishes  
to the  
Graduates of 1955

Ed Ware

**Arcade Dance Hall**

Congratulations  
and  
Best Wishes  
to the  
Graduating Class  
of 1955

**Fred H. Burkitt — Florist**

614 Sixth Ave. E. Phone 2477

**BELGIAN DRY CLEANERS**

Clothes Dry Cleaned By Us Look New

54 - 14th St. W. Phone 2821  
Prince Albert, Sask.

"Know Your Clothier"

**TED MATHESON**  
Men's Wear

Prince Albert, Sask.

Look to  
**LADIES' TOWN**

for  
Greater Values  
Coats, Suits, Dresses,  
Lingerie and Hats  
Prince Albert, Sask.

**NORTHERN HARDWARE LTD.**

Your  
**Marshall Wells Store**  
Where your dollar buys more  
Phone 2516 928 Central Ave.

Day or Night Call

**BLACK & WHITE**

Prompt, Safe, Courteous Taxi Service

Phone 2010  
Prince Albert, Sask.

**C. K. B. I.**

Central & Northern Saskatchewan's  
Greatest Booster

900 Kilocycles 5000 Watts  
Prince Albert, Sask.

Best Wishes

in  
Your Wonderful Career

**CRAIG BROS. LTD.**

**AVENUE HOTEL**

50 Rooms with Baths  
Fully Modern  
Dining Room & Lunch Counter  
Prince Albert, Sask.

**NORTHERN SALES & SERVICE**

235 - 16th Street West  
Prince Albert, Saskatchewan

**MODERN MOTORS LTD.**

Sales & Service  
20 - 12th Street East Phone 2955  
Prince Albert, Sask.



**FOR QUALITY FOOD**

Visit the  
**Air Conditioned**

**P.O. CAFE**

Central Avenue Phone 3313  
Prince Albert, Sask.

**Campbell's Plumbing & Heating**

•  
C. R. Campbell - Prop.

161 River Street W. Phone 2935

Phone 2050 45-13th St. E.

**MARCY'S  
TOTS TOGGERY**

"Togs for Tots"

Prince Albert, Sask.

**ZENITH RADIO ELECTRIC**

Sales & Service

•  
54-10th Street West  
Prince Albert, Sask.

Congratulations  
to the Class of '55

**COURTNEY'S**

The Furniture Store

Line-up of the Thrifty

**J. ALEX MACKENZIE LTD.**

**JEWELLERS**

Watches - Costume Jewellery

Prince Albert, Sask.

Corner 9th and Central  
Phone 2956

**BINSKY'S**

Smart Wearing Apparel

Prince Albert's Popular Shopping Centre

Congratulations from

**CENTRAL HOTEL & CAFE**

826 Central Avenue

"Excellent Food at Reasonable Prices"

COMPLIMENTS  
AND  
BEST WISHES

**NORTHERN HARDWARE LTD.**

28 - 10th Street W.

Prince Albert, Sask.

**CENTRAL FRUIT & KANDY KITCHEN**

PHONE 3155

NEWS STAND, TOBACCO, SUNDRIES,  
ICE CREAM & CONFECTIONERY

CENTRAL AVENUE

PRINCE ALBERT, SASK.

Congratulations and

Best Wishes

To the Graduating Class of '55



**HOLY FAMILY NURSES'  
ALUMNAE ASSOCIATION**

Compliments of

**WINGS CAFE**

**Fine Foods      Well Prepared**

Prince Albert, Sask.

**EATON'S**

**The Largest Retail Organization  
in the British Commonwealth!**



Eaton's retail stores and branch stores stretch across Canada from coast to coast, while its enormous Mail Order Catalogue business reaches out to nearly every customer or potential customer in the Dominion.

Years of experience and sound values backed by the renowned guarantee: "Goods Satisfactory or Money Refunded," have proven their worth to generations of Canadians.

**T. EATON CO.**  
CANADA LIMITED  
PRINCE ALBERT BRANCH

**PLEASE PATRONIZE OUR ADVERTISERS**

## BRICKER'S SHOE STORE

Handbags

- Beautiful Shoes -

Hosiery

Prince Albert

—

Saskatoon

Congratulations and Best Wishes  
to

The Graduating Class of '55

**EAGLE STATIONERY LTD.**

## EMPRESS HOTEL

Where South meets North

First Class Dining Room — Coffee Bar

11th St. & 1st Ave. W.

Prince Albert, Sask.

— Good Luck Grads —

## NATIONAL FRUIT COMPANY

The Home of Scona Product

Prince Albert

—

Saskatchewan

## PRINCE ALBERT FUNERAL HOME

Ambulance Service — Office and Residence Phone 3065

Embalming and Funeral Directing

Office and Chapel: 25 Eleventh Street East

Prince Albert

D. L. Dalziel

Saskatchewan

COMPLIMENTS

## KERNAGHAN HARDWARE LIMITED

Central Avenue and 8th Street

—

Phone 2220

COMPLIMENTS

## S. S. KRESGE CO. LTD.

1235 CENTRAL AVENUE

PRINCE ALBERT

## BRADBURY'S

NORTHERN SASKATCHEWAN'S LEADING  
HARDWARE

CONGRATULATIONS & BEST WISHES  
TO THE GRADS OF 1955



